





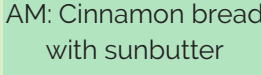















April

This month's learning theme is SNACK MENU



= Homemade Ingredients

	MON	TUE	WED	THU	FRI
WEEK 1 1-5	 AM: Graham crackers & bananas PM: Sunbutter & whole wheat toast	 AM: Spinach, banana pancakes PM: Cucumbers & cheese cubes	 AM: Granola & Yogurt PM: Seasonal fruit & whole grain crackers	 AM: Strawberry, spinach & banana smoothie PM: Bell peppers & Garden veggie staws	 AM: Cinnamon bread with sunbutter PM: Quesadillas
WEEK 2 8-12	AM: Blueberry Yogurt & cheerios PM: Cucumbers & cheese cubes	 AM: Fruit salad & sweet potato crackers PM: Quesadilla	 AM: Mango, spinach & banana smoothie PM: Carrots & chickpea puffs	 AM: spinach bananas pancakes  PM: Sunbutter & whole wheat toast	 AM: Granola & milk PM: Seasonal fruit & whole grain crackers
WEEK 3 15-19	 AM: Banana & sweet potato crackers  PM: Bell peppers & chickpea puffs	AM: Granola & milk PM: Pineapple & cheerios 	 AM: Banana & blueberries pancakes bites PM: Apples & whole grain crackers	 AM :Strawberry , spinach & banana smoothie PM: Quesadillas	AM: Carrots & cheese cubes PM: Watermelon & Cinnamon bread
WEEK 4 22-26	AM: Yogurt & Cheerios PM: Watermelon & Garden Veggie staws	AM: Fruit salad & whole grain crackers  PM: Quesadillas	 AM: Mango, spinach & banana smoothie PM: Bell peppers & chickpea puffs	 AM: Banana & Blueberry pancakes bites PM: Cucumbers & cheese cubes	AM: Mango & Cherrios PM: Cinnamon bread with carrots
WEEK 5 29-30	AM: Graham crackers & bananas PM: Sunbutter & whole wheat toast	AM: Spinach, banana pancakes PM: Cucumbers & cheese cubes			

We try to always use organic ingredients unless unavailable.- all fruit is organic. Any exceptions or changes to menu will be noted and are always accessible to families upon request and modifications are done to address child-specific allergies and intolerances. We are a nut free facility.