




































March



This month's learning theme is **SNACK MENU**



= Homemade Ingredients

	MON	TUE	WED	THU	FRI
WEEK 1 1					AM: Cinnamon bread & carrots   PM: Quesadilla
WEEK 2 4-8	AM: Bananas & whole grain crackers  PM: Cucumbers & Garden veggie straws	AM: Fruit salad & sweet potato crackers  PM: Cheese and spinach sandwich	AM: Blue berry, spinach & banana smoothie   PM: Carrots & chickpea puffs	AM: Granola & Milk  PM: Tortilla with banana & Sun butter 	AM: Pita bread with homemade hummus  PM: Seasonal fruit & cheerios 
WEEK 3 11-15	AM: Yogurt, Blue berries & Cheerios  PM: Watermelon & Garden Veggie straws	AM: Banana & sweet potato crackers PM: Pineapple & Whole grain crackers 	AM: Banana & pancakes bites   PM: Apples & Sweet potato crackers	AM: Strawberry, spinach & banana smoothie  PM: Quesadillas & sun butter and Banana 	AM: Granola & Milk  PM: Seasonal fruit & Cinnamon bread 
WEEK 4 18-22	AM: Pita bread & homemade hummus  PM: Bananas & sweet potato 	AM: Fruit salad & whole grain crackers  PM: Sun butter & whole wheat toast	AM: Mango, spinach & banana smoothie   PM: Bell peppers & Veggie Straws	AM: Banana & Blue berry pancakes bites   PM: Seasonal fruit & cheerios	AM: Mango & Cheerios  PM: Cinnamon bread & Yogurt
WEEK 5 25-28	AM: Graham crackers & bananas  PM: Sun butter & whole wheat toast	AM: Spinach, banana pancakes   PM: Cucumbers & cheese cubes	AM: Granola & Yogurt  PM: Watermelon & whole grain cracker	AM: Strawberry, spinach & banana smoothie   PM: Orange & Garden veggie straws	Staff Development Day  CLOSED

We try to always use organic ingredients unless unavailable.- all fruit is organic. Any exceptions or changes to menu will be noted and are always accessible to families upon request and modifications are done to address child-specific allergies and intolerances. We are a nut free facility.