



April

SNACK MENU

This month's learning themes are
"The Earth & Outer Space"

= Homemade Ingredients



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MON	AM: Yogurt & bananas PM: Sunbutter & whole wheat toast	AM: Bananas & graham crackers PM: Apple butter & whole wheat toast	AM: Yogurt & bananas PM: Sunbutter & whole wheat toast	AM: Bananas & graham crackers PM: Apple butter & whole wheat toast	N/A
TUE	AM: Fruit salad & graham crackers PM: Carrots & cucumbers with homemade ranch dip	AM: Blueberries, yogurt & Cheerios PM: Cucumbers & cheese cubes	AM: Fruit salad & graham crackers PM: Carrots & cucumbers with homemade ranch dip	AM: Blueberries, yogurt & Cheerios PM: Cucumbers & cheese cubes	N/A
WED	 AM: Mango, spinach & banana smoothie PM: Bell peppers & chickpea puffs	 AM: Banana & overnight oats PM: Watermelon & whole grain crackers	 AM: Mango, spinach & banana smoothie PM: Bell peppers & chickpea puffs	 AM: Banana & overnight oats PM: Watermelon & whole grain crackers	N/A
THU	 AM: Pineapple & Cheerios PM: Apples & sunbutter	 AM: Strawberry, spinach & banana smoothie PM: Black bean & corn quesadillas	AM: Pineapple & Cheerios PM: Apples & sunbutter	 AM: Strawberry, spinach & banana smoothie PM: Black bean & corn quesadillas	N/A
FRI	AM: Watermelon & whole grain crackers PM: Pita bread with homemade hummus	AM: Mango & Cheerios PM: Banana pancake bites	AM: Watermelon & whole grain crackers PM: Homemade Chex Mix	AM: Mango & Cheerios PM: Banana pancake bites	N/A

We try to always use organic ingredients unless unavailable.- all fruit is organic. Any exceptions or changes to menu will be noted and are always accessible to families upon request. We are a nut-free facility.