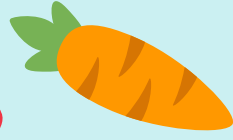
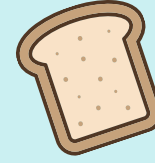
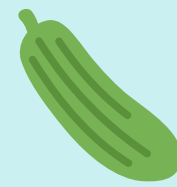




# December



## SNACK MENU

This month's learning themes are  
"Winter & Giving Back"

 = Homemade Ingredients

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MON		AM: Yogurt & granola  PM: Blueberry pancake bites	AM: Strawberries, yogurt & granola PM: Cheese cubes & apple slices	AM: Yogurt & granola PM: Sunbutter & banana toast	<b>CLOSED</b> <b>HAPPY HOLIDAYS</b>
TUE		AM: Watermelon & whole grain crackers PM: Carrots & cheese cubes	 AM: Mango & banana smoothie PM: Whole wheat toast with apple butter	AM: Watermelon & whole grain crackers PM: Cucumbers & chickpea puffs	 AM: Mango & banana smoothie PM: Whole wheat toast with apple butter
WED		 AM: Strawberry & banana smoothie PM: Sunbutter & banana toast	AM: Apple cinnamon overnight oats  PM: Banana pancake bites	 AM: Strawberry & banana smoothie  PM: Homemade Chex mix	AM: Watermelon & Cheerios PM: Cucumbers & cheese cubes
THU	 AM: Apple cinnamon overnight oats PM: Cucumbers & cheese cubes	 AM: Blueberry overnight oats PM: Apples & chickpea puffs	AM: Pineapple & cheerios  PM: Homemade Chex mix	 AM: Blueberry overnight oats PM: Cucumbers & cheese cubes	AM: Pineapple & cheerios  PM: Homemade Chex mix
FRI	AM: Blueberries & whole wheat crackers  PM: Homemade Chex mix	AM: Mango with Cheerios PM: Banana "Snowmen"	AM: Blueberries & whole wheat crackers  PM: Baby carrots & homemade ranch	AM: Mango with Cheerios PM: Apples & whole grain crackers	AM: Blueberries & whole wheat crackers  PM: Baby carrots & homemade ranch

We try to always use organic ingredients unless unavailable.- all fruit is organic. Any exceptions or changes to menu will be noted and are always accessible to families upon request. In season this month: Brussels sprouts, carrots, leeks