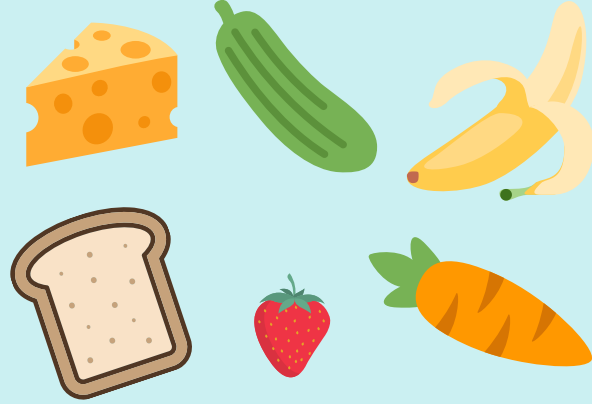




May SNACK MENU

This month's learning theme is
"Plants & Insects"

 = Homemade







WEEK 1

WEEK 2

WEEK 3

WEEK 4

WEEK 5

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MON	AM: Organic apple slices with sunbutter fluff PM: Organic bean & cheese quesadillas 	AM: Whole grain organic avocado toast PM: Pita pizzas with organic spring greens 	AM: Organic apple slices with sunbutter fluff PM: Organic bean & cheese quesadillas 	 AM: Whole grain organic avocado toast PM: Pita pizzas with organic spring greens 	 
TUE	 AM: Organic berry jam oatmeal PM: Organic avocado salad & whole grain tortilla roll-ups 	 AM: Organic bananas with granola PM: Cold oatmeal with raisins 	 AM: Organic berry jam oatmeal PM: Organic cucumber & hummus 	 AM: Organic bananas with granola PM: Cold oatmeal with raisins 	 AM: Organic berry jam oatmeal PM: Organic cucumber & hummus 
WED	 AM: Organic cocoa sunbutter protein breakfast smoothie PM: Organic peach & avocado sandwich on whole grain bread 	 AM: Organic mango yogurt pops PM: Organic bell peppers with homemade hummus 	 AM: Organic cocoa sunbutter protein breakfast smoothie PM: Pita bread with sunbutter & bananas 	 AM: Organic mango yogurt pops PM: Organic bell peppers with homemade hummus 	
THU	 AM: Organic banana cherry "nice" cream PM: Organic cucumbers with cheese sticks 	 AM: Organic melon salad with string cheese PM: Organic veggie & provolone sub sandwich on whole grain bread 	 AM: Organic banana cherry "nice" cream PM: Guacamole with corn tortilla chips 	 AM: Organic melon salad with string cheese PM: Organic veggie & provolone sub sandwich on whole grain bread 	
FRI	 AM: Organic lemon blueberry granola yogurt bark PM: Pita bread with homemade hummus 	 AM: Organic blackberry yogurt bark PM: Organic avocado quesadilla with queso fresco 	 AM: Organic lemon blueberry granola yogurt bark PM: Organic banana oatmeal 	 AM: Organic blackberry yogurt bark PM: Organic avocado quesadilla with queso fresco 	

We try to always use organic ingredients unless unavailable. Any exceptions or changes to menu will be noted and are always accessible to families upon request. In season this month: Asparagus and long-lasting storage crops such as winter squash, onions, dry beans, beets and sweet potatoes as well as broccoli, cabbage and greens.