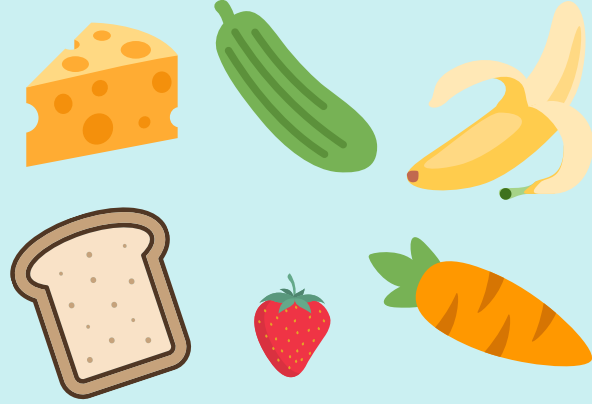




August

SNACK MENU

August's learning theme is
"Friendship & Teamwork"



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	SPROUTS LATE PM SNACK
MON	AM: Pink Applesauce (with beets) & Cinnamon Bread PM: PM: Tomato & Cucumber Salad with Basil	AM: Chocolate (cocoa powder) & Banana Frozen Yogurt Bark PM: Summer Corn Salsa with Whole Grain Tortilla Chips	AM: Pink Applesauce (with beets) & Cinnamon Bread PM: PM: Tomato & Cucumber Salad with Basil	AM: Chocolate (cocoa powder) & Banana Frozen Yogurt Bark PM: Summer Corn Salsa with Whole Grain Tortilla Chips	AM: Pink Applesauce (with beets) & Cinnamon Bread PM: PM: Tomato & Cucumber Salad with Basil	Rotation 1: Yogurt & Blueberries Rotation 2: Yogurt & Raspberries
TUE	AM: AM: Blueberry & Mango Frozen Yogurt Bark PM: Whole Grain Pasta with Broccoli Pesto	AM: Homemade Banana Oat Breakfast Bar with Homemade Raspberry Chia Jam PM: Steamed Carrots and String Cheese	AM: AM: Blueberry & Mango Frozen Yogurt Bark PM: Whole Grain Pasta with Broccoli Pesto	AM: Homemade Banana Oat Breakfast Bar with Homemade Raspberry Chia Jam PM: Steamed Carrots and String Cheese	AM: AM: Blueberry & Mango Frozen Yogurt Bark PM: Whole Grain Pasta with Broccoli Pesto	Rotation 1: Applesauce & Pretzels Rotation 2: Pretzels & Hummus
WED	AM: Chickpea Cookie Dough with Apple Slices PM: Stir Fry with Cabbage and Carrots & Garlic Whole Grain Toast	AM: Raspberry Chia Seed Pudding PM: Tostada with Refried Beans, Tomato & Corn	AM: Chickpea Cookie Dough with Apple Slices PM: Stir Fry with Cabbage and Carrots & Garlic Whole Grain Toast	AM: Raspberry Chia Seed Pudding PM: Tostada with Refried Beans, Tomato & Corn		Rotation 1: Clementines & Veggie Straws Rotation 2: Corn & Black Beans
THU	AM: Oat & Chia Seed Balls PM: Tuna Cabbage Salad on Whole Grain Bread	AM: Frozen Kiwi & Yogurt Hearts PM: Chickpea Quesadilla with Tomato & Arugula	AM: Oat & Chia Seed Balls PM: Tuna Cabbage Salad on Whole Grain Bread	AM: Frozen Kiwi & Yogurt Hearts PM: Chickpea Quesadilla with Tomato & Arugula		Rotation 1: Steamed Carrots & Whole Grain Crackers Rotation 2: Strawberries & Cream Cheese
FRI	AM: AM: Yogurt Dipped Clementines PM: Honey Glazed Carrots with Brown Rice	AM: Strawberry & Beet Muffins PM: Pita Bread with Hummus	AM: AM: Yogurt Dipped Clementines PM: Honey Glazed Carrots with Brown Rice	AM: Strawberry & Beet Muffins PM: Pita Bread with Hummus		Rotation 1: Whole Grain Bread & Sunbutter Rotation 2: Whole Grain Crackers & String Cheese

We use organic ingredients for products. Any exceptions or changes to menu will be noted and are always accessible to families upon request. In season this month: Tomatoes, Cucumber, Blueberries, Broccoli, Cabbage, Carrots, Corn, Raspberries, Arugula, Beets