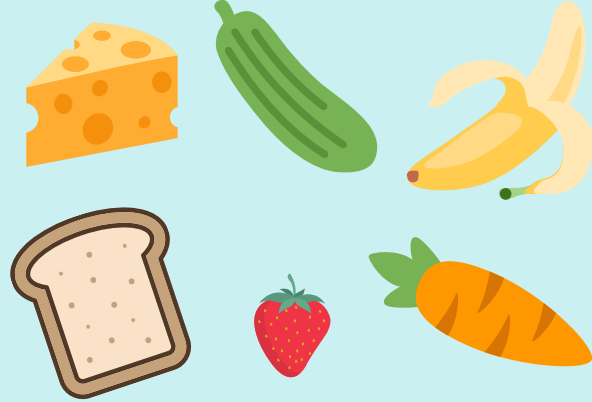




May SNACK MENU



May's learning theme is
"Plants & Insects".
May is also Stress Awareness Month

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	LATE PM SNACK
MON	AM: Beet applesauce & whole wheat cereal squares PM: Edamame salad with corn and cherry tomatoes	AM: Breakfast trail mix (whole grain cereal, raisins and pepitas) PM: Lavash roll-up with cream cheese, spinach and tomatoes	AM: Beet applesauce & whole wheat cereal squares PM: Edamame salad with corn and cherry tomatoes	AM: Breakfast trail mix (whole grain cereal, raisins and pepitas) PM: Lavash roll-up with cream cheese, spinach and tomatoes	<div style="border: 1px solid black; padding: 5px; text-align: center;">CLOSED</div> <p><i>Memorial Day</i></p>	Organic greens beans & Cheerios
TUE	AM: Yogurt with mixed berries PM: Ants on a Log (sunbutter, celery, raisins)	AM: Pink pancakes (made with beets) & berries PM: Cucumber flowers & homemade hummus	AM: Yogurt with mixed berries PM: Ants on a Log (sunbutter, celery, raisins)	AM: Pink pancakes (made with beets) & berries PM: Cucumber flowers & homemade hummus		Organic watermelon & crackers
WED	AM: Fruit pizza with oat crust PM: Instant Pot asparagus soup	AM: Yogurt-dipped clementines PM: Sunbutter "Critters" (celery, sunbutter, raisins & pretzels)	AM: Fruit pizza with oat crust PM: Instant Pot asparagus soup	AM: Yogurt-dipped clementines PM: Sunbutter "Critters" (celery, sunbutter, raisins & pretzels)		Organic bananas & cinnamon bread
THU	AM: Buckwheat pancakes with mixed berries PM: Zucchini and spinach butterfly quesadillas	AM: Homemade granola bars with fruit PM: Green bean and sweet pepper "flowers" with yogurt dip	AM: Buckwheat pancakes with mixed berries PM: Zucchini and spinach butterfly quesadillas	AM: Homemade granola bars with fruit PM: Green bean and sweet pepper "flowers" with yogurt dip		Organic clementines & whole grain cereal
FRI	AM: Zucchini and carrot pancakes with chive Greek yogurt PM: Mexican tortilla roll-up (tomato, green pepper, black olives) with salsa	AM: Yogurt & baked cinnamon apples PM: Bean salad & pitas	AM: Zucchini and carrot pancakes with chive Greek yogurt PM: Mexican tortilla roll-up (tomato, green pepper, black olives) with salsa			Sunbutter toast with raisins

We will use organic ingredients for products. Any exceptions or changes to the menu will be noted and are always accessible to families upon request.