



# strawberry & banana yogurt bark

## ingredients

- 2 cups plain, whole milk organic yogurt
- 1 banana
- ¼ cup organic strawberries
- Drizzle of honey



## directions

- Cover a sheet pan with parchment paper.
- Using a rubber spatula, spread a 1/4" thick layer of yogurt evenly over the parchment paper
- Slice thin rounds of banana and arrange them over the yogurt
- Slice small slivers of the strawberries and do the same
- Drizzle a bit of honey over the top for some extra sweetness
- Place in the freezer for an hour and a half. Once completely frozen through, break the yogurt into small chunks and enjoy!
- Place any that you don't eat back into airtight container and put back into the freezer immediately.

This is an great morning snack for the warmer months too! Try various combinations of fruit. Blueberry and mango would be delicious as well!