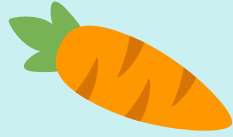
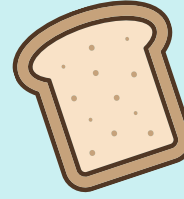
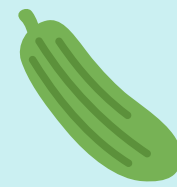




December

SNACK MENU



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	LATE PM SNACK
MON		AM: Apple "nachos" with sunbutter & raisins PM: Baked zucchini strips with homemade hummus	AM: Banana & orange oat bites PM: Mashed cauliflower & baked whole wheat tortillas	AM: Apple "nachos" with sunbutter & raisins PM: Sweet potato & black bean whole wheat quesadillas	AM: Banana & orange oat bites PM: Mashed cauliflower & baked whole wheat tortillas	Clementines & crackers
TUE	AM: Sunbutter Cheerios bites PM: Mashed cauliflower & baked whole wheat tortillas	AM: Frozen banana sunbutter bites PM: Baked cinnamon apple chips with Cheerios	AM: Gluten free fruit pizza PM: Kale chips & whole grain crackers	AM: Frozen banana sunbutter bites PM: Baked cinnamon apple chips with Cheerios	AM: Gluten free fruit pizza PM: Kale chips & whole grain crackers	Watermelon & mini rice cakes
WED	AM: Rice cake bears (with sunbutter, blueberries & bananas) PM: Cucumbers with homemade Greek yogurt dip	AM: Homemade whole grain french toast with berries PM: Baked zucchini pizza bites	AM: Rice cake bears (with sunbutter, blueberries & bananas) PM: Cucumbers with homemade Greek yogurt dip	AM: Homemade whole grain french toast with berries PM: Baked zucchini pizza bites	AM: Sunbutter Cheerios bites PM: Baked zucchini strips with hummus	Bananas & cinnamon bread
THU	AM: Frozen yogurt blueberry bites PM: Avocado quesadillas	AM: Berry smoothie topped with homemade granola PM: Homemade baked cheesy crackers	AM: Frozen yogurt blueberry bites PM: Avocado quesadillas (Blossoms make "Green Monster Tortillas")	CLOSED HAPPY HOLIDAYS	AM: Berry smoothie topped with homemade granola PM: Homemade baked cheesy crackers	Applesauce & cinnamon baked whole wheat tortillas
FRI	AM: Chocolate (cocoa powder) chia pudding with berries PM: Sweet potato nachos with black beans, Greek yogurt & cheese	AM: Mini spinach pancakes with sunbutter PM: Vegan rice pudding with berries	AM: Chocolate (cocoa powder) chia pudding with berries PM: Sweet potato nachos with black beans, Greek yogurt & cheese	CLOSED HAPPY HOLIDAYS		Apples & cheerios

We will use organic ingredients for products. Any exceptions or changes to the menu will be noted and are always accessible to parents upon request.